

# Go Deeper Life Group Study

## ***THE EASTER JOURNEY***

*Father Forgive Them*

*March 29, 2020*

### **ICE-BREAKER...**

What things in your “normal life” have you become more thankful for thanks to “social distancing”?

### **GROUP DISCUSSION...**

- 1. Read Luke 23:34.** How does Jesus’ prayer give you insight into how Jesus looks at you and your sin?
- 2. Read Genesis 45:1-7.** Does forgiving mean forgetting what they have done to you? What does it cost Joseph to offer his brothers forgiveness? What does it cost his brothers to receive Joseph’s forgiveness?
- 3. Read Ephesians 4:26-27.** What kind of opportunities does holding on to anger give the enemy? What does it mean not to let the sun go down on your anger?
- 4.** What are some of the obstacles that prevent people from forgiving those who have hurt them? What are the long-term consequences of choosing not to forgive?
- 5.** Have you ever had a hurt you felt like you could not forgive? Have you ever tried forgiving but the feelings of anger and resentment keep coming back? What did you do?
- 6.** What role does empathy, for the person who hurt you, play in the process of forgiveness?
- 7.** Is there anyone in your life that you need to forgive? Is there anyone you need to ask forgiveness from? How can this group support you?

### **REMIND YOURSELF DAILY...**

**TURN YOUR ATTENTION AWAY FROM WHAT THEY DID TO YOU TO WHAT JESUS DID FOR YOU!**

### **VERSE OF REFLECTION...**

***Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. – Colossians 3:13***