**FASTING: A TOPICAL BIBLE STUDY**

Look up each of the following verses and write out the main thought of that verse.

1. TRUE FASTING DEFINED

Isaiah 58:3-6

Jeremiah 14:12

Joel 2:12

Zechariah 7:5-10

1. FASTING AND GOD’S WORD

Jeremiah 36:4-10

Nehemiah 9:1

1. FASTING/WEEPING/MOURNING

I Samuel 31:11-13

II Samuel 1:11, 12

II Samuel 12:16-23

I Chronicles 10:11, 12

Esther 4:3

Psalm 35:13

Joel 2:12

1. FASTING PRIOR TO A MAJOR DECISION OR ASKING GOD TO INTERVENE IN A SITUATION

II Chronicles 20:31

Judges 20:26

Ezra 8:21, 23

Esther 4:3, 15, 16

Nehemiah 1:4

Daniel 9:3

Matthew 4:1, 2

Acts 13:2, 3

Acts 14:23

1. FASTING AS PART OF A LIFESTYLE

Jeremiah 36:4-10

Psalm 69:10

Psalm 109:24

Joel 2:12

Esther 9:31

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Matthew 6:16-18

Matthew 9:14-15

Luke 18:11, 12

Acts 10:30

I Corinthians 7:5

1. FASTING TO GAIN SPIRITUAL VICTORY

Matthew 4:1, 2

Matthew 17:21

Mark 9:29

1. UNBELIEVERS WHO FASTED AND PRAYED AND SAW GOD RESPOND

I Kings 21:9, 12, 27-29

Jonah 3:5

Daniel 6:18

1. STUDY SUMMARY
2. What did God speak to you about in this study?
3. What change(s) does God want you to make in your life as a result of this study?
4. How will you make that change?
5. When will you make that change?
6. Who will you hold you accountable for making that change?