

Go Deeper Life Group Study

WELCOME TO THE WILDERNESS

July 18/19, 2020

ICE-BREAKER...

I love Arizona because...

GROUP DISCUSSION...

1. How good are you at saying “no” to temptation? Are some temptations harder than others?
2. **READ Luke 4:1-13.** What three things did Jesus say “No” to? Where did He find the strength and wisdom to say “No” when it would have been easier to say “Yes”?
3. Pastor Ben talked about three temptations: You are what you have. You are what you do. You are what other people say about you. Which of these temptations do you struggle with the most? Why?
4. **“When we live for bread alone, we always want more and better bread.” (Miroslav Volf)** What does this tell us about human nature? How have you seen this tendency play itself out in your own life?
5. Have you ever practiced “Sabbath” as a way to recharge and reconnect with God? What was that experience like?
6. **READ Galatians 1:1-10.** Why does Paul speak so strongly to the Galatians? What is wrong with being a people pleaser? Where do you draw the line between being helpful and pleasing people?
7. Pastor Ben talked about three spiritual practices: To do without (Fasting). To do less (Sabbath). To do without human approval (Secrecy). Which one of these practices do you think would be most helpful to you? Will you implement it this week? If so, how? Is there anything that intimidates you about trying these spiritual practices?

REMIND YOURSELF DAILY...

YOU ARE GOD’S SON. YOU ARE GOD’S DAUGHTER. YOU ARE LOVED.

VERSE OF REFLECTION...

The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” – Romans 8:15